

Britain's 'Peace Pilgrim' sets out again – at 80

Britain's longest-serving magazine editor, Satish Kumar – who once walked 8,000 miles from India to the USA for world peace – plans new pilgrimage at age of 80

50-mile trek from source of River Thames marks half century of *Resurgence* magazine, and anniversary festival in Oxford

Hot on the heels of his 80th birthday, celebrated peace pilgrim Satish Kumar – who has edited *Resurgence* magazine (*Resurgence & Ecologist* since 2012) for 43 years – will make an exciting 50-mile pilgrimage from the source of the River Thames to Oxford in September, for a 3-day event celebrating *Resurgence's* 50th anniversary, and flying the flag for a more just and sustainable world.

The UK's longest standing environmental magazine, *Resurgence* was hailed by the Guardian newspaper as "the spiritual and artistic flagship of the green movement" and is a trusted source of inspiration for living more sustainably and in harmony with nature.

Walking the first 20 miles of the pilgrimage privately, Satish will be joined by a 50-strong group of walkers in Lechlade on Sunday 18th September - made up of friends and family, environmentalists and activists and readers of *Resurgence & Ecologist* - to continue the remaining four-day ramble along the Thames Path.

Reaching Oxford on Wednesday 21st September, the pilgrimage will raise the curtain on a three-day event commemorating *Resurgence's* 50 years at the forefront of the Green Movement, to be held at Worcester College, 22nd-25th September. Entitled 'One Earth, One Humanity, One Future', the Oxford event - held in partnership with Oxfam, UPLIFT, Network of Wellbeing and the Tedworth Trust - will feature 50 plus international speakers, performers and artists, who will gather to share ideas and inspiration for creating a more harmonious and sustainable world.

Echoing a core theme of the Oxford conference, each day of the pilgrimage, the 50 walkers will ritually pay homage to the elements of Earth, Fire, Air and Water in a symbolic gesture of protecting the environment.

Satish Kumar explains:

"Our 50th anniversary pilgrimage and Oxford event will be an ode to Gaia - a call for humanity to reflect on how we are affecting our planet's four core natural elements of earth, fire, air and water. Despite all our developments in science and technology, we have critically overlooked the need to protect these four elements on which we depend to maintain life. Humanity gets so excited and driven in its pursuit of progress – but without these essential elements we cannot exist.

"So as 50 pilgrims making a stand for One Earth, One Humanity, One Future, we will mark the integrity of these four elements and pledge to keep them uncontaminated. We will honour the earth on which we stand, the air we breathe, the water we stand before and the fire glowing in the candles in our hands. We

will also celebrate 50 years of *Resurgence* magazine, which will continue to fly the flag for a healthier, happier, equitable and united world for the next 50 years to come."

A former Jain monk, Gandhian peace activist and spirited environmental campaigner, Satish Kumar is renowned for his many pilgrimages for Peace, including an epic 8000-mile walk from India to the USA without spending money. His 43 year editorship of *Resurgence* is one of the longest in journalism, and currently the longest in Britain. On his 80th birthday, 9th August, he will step aside from his role as Editor-in-Chief of The Resurgence Trust, the Devon-based educational charity which runs *Resurgence & Ecologist* magazine and its two websites (to be succeeded by Greg Neale, currently Editor of *Resurgence & Ecologist* magazine). In his new role as Editor Emeritus, Satish will continue to be an international ambassador for the Trust. He is also the guiding force behind numerous internationally-renowned ecological ventures including Schumacher College in Devon and the the Bija Vidyapeeth (School of the Seed) in north India's Doon Valley.

Now approaching 80, Satish Kumar attributes his enduring fitness and joie de vivre to walking:

"There is no greener way of keeping your body and mind healthy and fit than walking. Walking needs no technology, no use of any natural resources. Walking is the best source of conservation. By walking we can minimise the use of fossil fuel and reduce the risk of Climate Change. Please follow our pilgrimage online on the <u>Resurgence</u> website in September and spread our message for One Earth, One Humanity, One Future."

Satish Kumar is available for interview

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Notes to Editors:

- The 50 walkers for the *Resurgence* 50th anniversary pilgrimage have already been recruited. For more details and updates about the pilgrimage, and to follow the walk as it happens, visit www.resurgence.org/R50walk
- For any queries about the R50 pilgrimage contact Rosalind J.Turner rosalind@resurgence.org
- Programme & tickets for Resurgence's 'One Earth, One Humanity, One Future' 50th anniversary event in Oxford, 22nd-25th September, are available on the Resurgence website: www.resurgence.org/R50event
- Resurgence & Ecologist magazine and two websites (<u>www.resurgence.org</u>; <u>www.theecologist.org</u>) are
 published by The Resurgence Trust, an educational charity (no. 1120414) which promotes ecological
 sustainability, social justice and spiritual values
- To order the 50th anniversary issue of *Resurgence & Ecologist* (May/June 2016) in print or pdf format, visit: http://www.resurgence.org/shop/issues.html
- For details of how to become a member of The Resurgence Trust, and receive six magazines a year, visit www.resurgence.org/membership; or contact the Trust: 01208 841824; members@resurgence.org
- A full Resurgence 50 Press Pack complete with images is available at www.resurgence.org/R50press