When you start the stitch with the new thread continue with seed stitch as before.

When you sew, follow the worn area and a pattern will naturally form.

Pull off the elastic cord and remove the material from the darning mushroom.

Tidy the threads from the start of sewing or where the yarn was changed. Thread the end through the needle and push it through to the back of the work.

Splitting the darned threads, weave back through another two stitches. After tidying the thread, lightly apply steam with an iron to set the thread.

Stitch about 1 cm (3/8 in) further. A seed stitch will appear on the front. Continue to do one stitch forward and a seed stitch back (see the diagram on p15). Complete the row.

After one row, rotate the darning mushroom 180 degrees.

The stitches tightly cross over each other on the reverse, reinforcing the fabric. You normally sew the seed stitch from the front, but if you wish, you can darn it from the back so this side shows.

When the yarn runs out, change the colour. Remove the thread from the needle and change the thread leaving the end loose.

Second row

Just above the first row, start sewing the second row from right to left.

The second row should not be aligned with the first row but sewn randomly.

Splitting the darned threads, weave back through another two stitches. After tidying the thread, lightly apply steam with an iron to set the thread.

The stitches tightly cross over each other on the reverse, reinforcing the fabric. You normally sew the seed stitch from the front, but if you wish, you can darn it from the back so this side shows.

When you start the stitch with the new thread continue with seed stitch as before.

When you sew, follow the worn area and a pattern will naturally form.

For the second stitch go back 1–2 mm (1/16 in–3/8 in) from the first stitch and then stitch from right to left.

Change colour

When the yarn runs out, change the colour. Remove the thread from the needle and change the thread leaving the end loose.

When you start the stitch with the new thread continue with seed stitch as before.

When you sew, follow the worn area and a pattern will naturally form.