



Resurgence  
& ECOLOGIST

# FESTIVAL OF THE SHIFT FROM ECONOMIC GROWTH TO GROWTH IN WELLBEING WELLBEING

Natalie Bennett • Karen Downes • Scilla Elworthy  
Bishop James Jones • Satish Kumar • David Lindo  
Iain McGilchrist • Susie Ro Prater • James Sainsbury  
Philippe Sands QC • Jo Shapcott  
Ragasudha Vinjamuri • James Wallman

## WELLBEING IN WORDS

Saturday 10 October 2015  
10 am – 6 pm  
The Resurgence Trust  
Bishopsgate Institute  
230 Bishopsgate, London EC2M 4QH

## WELLBEING IN ACTION

Sunday 11 October 2015  
10am – 4.30pm  
Network of Wellbeing  
Friends of the Earth, 1st floor, The Printworks, 139  
Clapham Road, London SW9 0HP

# FESTIVAL OF WELLBEING

THE SHIFT FROM ECONOMIC GROWTH TO GROWTH IN WELLBEING

## Day One – 10th October

A day of speeches, music, dance and poetry to explore personal, social and planetary wellbeing



9:45am  
**Doors Open**  
10:15am  
**Welcome**



10.30am  
Wellbeing and Law  
**Phillipe Sands QC**  
Barrister and Author of *Torture Team*



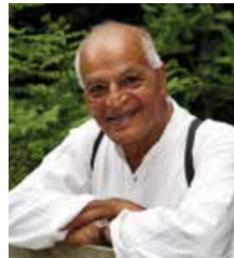
10:55am  
Faith in the Future  
Wellbeing of the Earth  
**Bishop James Jones**  
Former Bishop of Liverpool



11:20am  
Singing  
**Susie Ro Prater**  
Singer-songwriter



11:45am  
What is wellbeing and do we really want it?  
**Iain McGilchrist**  
Author of *The Master and his Emissary*



12:10am  
Wellbeing of People and Planet  
**Satish Kumar**  
Editor-in-Chief of *Resurgence & Ecologist*



12.35am  
**Scilla Ellworthy:**  
**Everyday Life with the Beloved of the Soul**  
Founder of Peace Direct



1.00pm  
**LUNCH**



2.30pm  
**James Wallman: What will the “Experience Revolution” mean for wellbeing?** Author of *Stuffocation: Living More with Less*



2.55pm  
**FLOURISHING; Beyond Wellbeing**  
**Karen Downes**  
Founder and Director of the Flourish initiative



3.20pm  
Classical Indian Dance  
**Ragasudha Vinjamuri**



3.45pm  
A green and pleasant land - putting wellbeing at the centre of policymaking  
**Natalie Bennett**  
Leader of the Green Party



4:05pm  
**TEA BREAK**



4:35pm  
Poetry  
**Jo Shapcott**  
Poet



4.55pm  
Wellbeing Comes From Loving Birds  
**David Lindo** the Urban Birder  
Broadcaster, writer, naturalist, photographer



5.25pm  
Resurgence Vision  
**James Sainsbury**  
Chair of The Resurgence Trust



5.45pm  
**Raffle**

6.00pm  
**Close**

## Day Two – 11th October

Interactive workshop hosted by Network of Wellbeing

Venue: Friends of the Earth, 1st floor, The Printworks, 139 Clapham Road, London SW9 0HP

Following on from the main Festival day event we are offering participants an opportunity to get involved in a second day of discussion focused on wellbeing in action.

To help create the shift from a world focused on economic growth to a world focused on wellbeing and ecological sustainability, we need to change habits and mind-sets as well as business practices, policy and fundamental systems. We all have skills, expertise, passion and drive that can influence our communities and our society for the better. Day two of the Festival will be in an interactive workshop format that will allow discussion, group work and networking around different aspects of personal, social and environmental wellbeing. Experienced facilitators will bring people together in

smaller groups to discuss ideas and look at how we can harness our own expertise and passions to inspire wellbeing in action.

The day is being organised by the Network of Wellbeing and offers an opportunity to share and compare your ideas, your projects, network with others and to explore what we have learnt from the first day of the Festival of Wellbeing. Entry is free, but places are limited. If you have not already booked a place for day two, please visit the Network of Wellbeing stall or call 07702633687. For more information on the Network of Wellbeing please email: [info@networkofwellbeing.org](mailto:info@networkofwellbeing.org) or visit: [www.networkofwellbeing.org](http://www.networkofwellbeing.org)

## Wellbeing Raffle

Please buy a raffle ticket during the course of day one. Money raised from this will help The Resurgence Trust. You could also win one of these items:

1. *The Saffron Road – A Journey with Buddha’s Daughters* by Christine Toomey.
2. *Hope for Animals and their World* by Jane Goodall.
3. *War Horse* by Michael Morpurgo.
4. *Grown but not made, British Modernist Sculpture and the New Biology* by Dr. Edward Juler.
5. *Wonders of the Plant Kingdom: A Microcosm Revealed* by Wolfgang Stuppy, Rob Kessler & Madeline Harley
6. *Drawing in Silver and Gold: Leonardo to Jasper Johns*, edited by Stacey Sell and Hugo Chapman.
7. *Yendegaia National Park*, by Douglas Tompkins, photography by Antonia Vizcaino
8. *Esteros del Ibera: The Great Wellands of Argentina*, photography by Juan Ramon Diaz Colodrero.

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### ... and to our many supporters



Leaping Hare Press



This event is a fundraiser for The Resurgence Trust, an educational charity (1120414)

## PLEASE DONATE

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