



A celebration of connection, community and change

Green & Away, The Fold, Bransford WR6 5JB

11 July at 2.30pm – 13 July at 3.00pm

Speakers

Galeo Saintz: Beyond words – relationships with Nature through poetry

Nature poet and conservation ecologist Galeo Saintz takes us on a journey with words to ecosystems and their species around the world. From the high paths of the Himalaya to tracking wolves in the US; from rivers in Patagonia to encounters with the mystery of birds, antelope and rhino in Africa. For him poetry is a language beyond words, forging pathways to soulfulness, the inner wild and expanded ways of knowing. His poems receive regular public readings at poetry festivals.

Galeo works across the globe, serving biodiversity conservation, trails and environmental peacebuilding. His roles have included that of Founding Chair of the World Trails Network, Co-Chair of the IUCN Theme on Environment and Peace, Trustee of Schumacher Society UK, and founder and board member of various NGOs in Africa. He is CEO of Trails + Wanderlust, a global consultancy.

www.instagram.com/galeosaintz/

Kate Raworth: Doughnut Economics Circus, Battle for the Biosphere – Nature vs Finance

We are immersed in an era of great destruction to the living world, much of it fuelled by profound tensions between the deep design of Nature and the deep design of finance. Nature is cyclical, relational, and regenerative. Finance, as we know it, is linear, extractive and accumulative. If we want to get into the Doughnut – to meet the needs of all people within the means of the living planet – what does this design clash mean? Will finance inevitably eat the Earth, or can it be redesigned at root to be in service to life itself? Doughnut Economics Circus sets out the concepts at stake and invites the audience to join in the show so that together we find ways to turn this challenge around. Come to the circus ready to debate, juggle, listen and laugh.

Kate Raworth is the author of *Doughnut Economics*, a co-founder of Doughnut Economics Action Lab and Senior Teaching Associate at Oxford University's Environmental Change Institute. She is also the Ringmaster of Doughnut Economics Circus. www.kateraworth.com

Nikki Trott: The era of sacred business

Nikki Trott is a renowned author, speaker, strategist, CEO adviser and podcaster dedicated to empowering businesses to thrive in harmony with humanity and the Earth. Her book *Sacred Business* is a manifesto for the transformation of ourselves woven with strategic action to create a new era of life-affirming business. It's not about choosing between profit and prosperity, but about flourishing because of our contribution.

In this talk with Q&A, Nikki will share key principles of sacred business and together we will explore how we can reconnect business with the Earth, our hearts and our greater missions – for the good of all.
www.nikkitrott.com/sacredbusiness

Satish Kumar: Science and spirituality

Peace pilgrim and life-long activist Satish Kumar will be sharing his thoughts on the longstanding division between science and spirituality, and why one cannot be meaningful without the other.

Satish is editor emeritus of *Resurgence & Ecologist*. A former monk and a long-term peace and environment activist, he has been quietly setting the global agenda for change for over 50 years. Inspired in his early twenties by the example of the British peace activist Bertrand Russell, Satish embarked on an 8,000-mile peace pilgrimage. Carrying no money, he walked from India to America via Moscow, London and Paris to deliver a humble packet of ‘peace tea’ to the leaders of the world’s then four nuclear powers.

In 1973 Satish settled in the UK, becoming the editor of *Resurgence* magazine. He has been the guiding spirit behind a number of internationally respected ecological and educational ventures. He co-founded Schumacher College in South Devon, where he is a visiting fellow. His autobiography *No Destination*, first published by Green Books in 1978, has sold over 50,000 copies.

www.resurgence.org/satish-kumar

Tom Mansfield: Thinking like Gaia – connecting inner and outer Nature with Cards for Life

In this workshop we will explore where our lives and the life of the world connect and align. Beginning with some observation we will tune into the dynamics of surrounding Nature and then bring that view to our own life and work. We will work with Cards for Life in a series of exercises to connect more deeply with Nature, each other and ourselves. Cards for Life is a living language acting like connective tissue for the regenerative movement. A range of key concepts that shift our focus from ‘objects’ to ‘relationships’, helping us to reconnect inner and outer Nature. The growing global community of practice is creating regional versions as they are translated into different languages around the world.

Tom Mansfield is the founder of Pale Blue, offering coaching, consulting and communications in service to planetary health. He works across sectors as a facilitator, coach, programme designer and producer.

<https://paleblueperspective.com/cards-for-life>

Music and storytelling

3 Daft Monkeys: Dynamic world folk

With a fiery helter-skelter blend of Celtic and Eastern influences, 3 Daft Monkeys inject a unique wildness into their music. This multi-award-winning group of musicians deliver dynamic, rampageous, powerful performances of their completely original songs with endless energy and enthusiasm. Silvery vocal melodies soar above percussive global rhythms, while passionate fiddle-driven tunes weave around animated guitar and bass, all presented with outstanding musicianship in their famously theatrical live performances.

Their latest album, *Information Camouflage*, received stunning reviews.

3 Daft Monkeys have played live sessions on both the Bob Harris and Mark Radcliffe BBC Radio 2 programmes, Mark Radcliffe hailing their live show as one of his highlights of Glastonbury.

“The virtuosity, the song craft, the arrangement is simply astonishing.” – Spiral Earth

www.3daftmonkeys.co.uk/video

Amanita Grove: Deep Beneath The Canopy

Amanita Grove are Cheryl Silvawood and Jules Moberly, a Latin, Folk and Neo-Soul duo based in Hartland, North Devon, bringing soulful vocals, Spanish guitar, loops and lo-fi rhythms. Their original music and covers hold space for Nature, truth and courage. The ethos is in their name: they look to spread love and joy through their music mycelium, bringing people of similar frequencies together with the love of music. Amanita Grove will be performing their 'Deep Beneath The Canopy' journey through the trees, uncovering secrets and hidden life within the forest through sound, song, storytelling and spoken word. Weaving an intricate path beneath the canopy, they reveal insights into the (super)natural world, guiding the audience through seasonal changes, life cycles, the elements and folklore.

www.facebook.com/amanitagrovemusic

Caitlin Welsh: The joy of mantra

Caitlin Welsh is a world-renowned musician who plays many instruments and styles. She writes songs with positive lyrics, to inspire and uplift her listeners. Caitlin has a deep connection with Nature and has delved deep into spirit – in Nature, in her own nature, in the wild. Caitlin has written many books informed by her love for and knowledge of wild horses. She gives talks and inspires audiences to live a free life on the land – organic, in Nature, in peace. “Love the life you live and live the life you love.” Caitlin will be playing relaxing songs and mantras, which are a wonderful way to calm the mind. The repetition of these kirtans (songs derived from ancient sacred chants) creates a mesmerising and uplifting feeling within us. <https://caitlinwelsh.com/earth-spirit-music>

Peter Chand: Tales from the Motherland

International storyteller Peter Chand has enthralled audiences both near and far with his skilful narration, specialising in traditional tales from his Indian background. He believes that we are all made up of stories, whether that be folk tales from our culture, cinematic classics, faith-based parables, or the stories we tell about ourselves and about others.

As a trainer of high repute, Peter has helped many storytellers, public speakers, teachers and corporate employees to gain confidence in storytelling, public speaking and presentation. He regularly visits his family in the Punjab, India and collects traditional stories and translates them into English. Alongside this he has an ever-growing repertoire of world stories that he shares in schools, festivals, libraries, theatres and cultural events across Britain and further afield. Peter has recently been awarded an honorary fellowship from the University of Wolverhampton for championing global majority heritage storytelling around the world.

<https://peterchand.com>

The Brothers Gillespie: Lyrical folk music

Northumbrian duo James and Sam Gillespie bring songs of great lyrical power, animated by the sound of soaring sibling harmony, inspired guitar playing and a rich array of acoustic instruments. Their performances have a rare, intimate energy that is both earthy and ethereal, romantic and radical.

The brothers have sung at campfires and in concert halls, Parisian circuses, folk clubs and a host of UK festivals including Sidmouth and Cambridge Folk Fests. Their third album, *The Merciful Road*, is a collection of songs embodying the grace of life in troubled times.

“Our music is inspired by the still wild soul of the land in which we live, a land alive with presences, not owned by anyone. It is about seeing with the eye of the heart and recovering our imaginations. It is about finding home, belonging and each other in a world which is singing to us as we sing to it.” – The Brothers Gillespie

<https://thebrothersgillespie.com/>

Meditation and movement

Chi gung with Sam Jones

Chi gung (also known as Qigong) is a simple energy-based movement practice that is connected to the healing arts (traditional Chinese medicine) and martial arts. The practices are grounding, gentle and easy to learn, and are suitable for beginners and all levels of fitness and capacity.

Sam Jones will be teaching some of the Shibashi form, which consists of 18 fluid movements borrowed from the different lineages throughout China.

Slow yoga and walking meditation with Colette Stein

Colette Stein will be offering two sessions: gentle wake-up stretch – slow yoga and breathing to ease us into the day – and a walking meditation tuning in to the elements. Colette is a senior yoga teacher with Yoga Alliance Professionals. This accreditation demonstrates excellent standards as set by Yoga Alliance Professionals. She has 18 years' experience teaching yoga under the tutelage of Sheila Baker. The yoga Colette teaches is inspired by Sheila and introduces the teachings of Thich Nhat Hanh.

Colette has taught yoga at corporations and run regular workshops and retreats, and encourages meditation as part of everyday life.

<https://yogawithcolette.wordpress.com>

Walking poetry meditation with Galeo Saintz

Galeo works across the globe serving biodiversity conservation, trails and environmental peacebuilding. His roles have included that of Founding Chair of the World Trails Network, Co-Chair of the IUCN Theme on Environment and Peace, Trustee of Schumacher Society UK, and a founder and board member of various NGOs in Africa. He is CEO of Trails + Wanderlust, a global consultancy.

www.instagram.com/galeosaintz

We who love the Earth – a ceremonial sharing space with Georgie Gilmore

In this gently and joyfully held space of meditation, reflection, sharing and song, we will gather to celebrate our deep love for Nature and our belonging to the living world, pledging ourselves in service to the Earth as guardians, protectors and kin. Rooted in reverence, rising in hope, let us bring ourselves to the great work of tending life, with open hearts, steady hands, and wild devotion.

Georgie Gilmore is a meditation teacher who has a deep love for the Earth. Having spent a number of years teaching meditation to adults and teenagers as a way of supporting their wellbeing, she now guides meditation in a way that seeks to tend to the wellbeing of both people and planet, using various tools to weave together a practice of rich self-enquiry and inner exploration that inspires outward action.

Creating a space for nourishment and renewal, Georgie's passion for the natural world, her grounded, joyful presence and carefully curated, Earth-inspired meditation journeys evoke insight, connection and change.

Yoga with Joanna Al-Zuhairi

Joanna Al-Zuhairi trained as a mental health nurse, yoga teacher (British Wheel of Yoga) and homeopath. She has organised stress management, mindfulness and mental health workshops. Her main interests are spirituality, Elemental Beings, especially in relation to gardening, and supersensible perception.

Workshops

Giving voice – a chance to explore, understand and develop song sound, utilising the classical Indian notation of Sa, Re, Ga, Ma, Pa, Dha, Ni, with William Tooby

William Tooby is an eco-facilitator and a voice coach passionate about singing raga. Originally drawn to India to better understand music in the 1970s before becoming an organic farmer, he went on to sing a cappella with various groups before focusing on raga. He loves to facilitate others in finding their own unique and embodied voice.

William is founder and director of The Fold CIC, which hosts Green & Away. The Fold was created in the knowledge that humankind is heading for a catastrophe, that if we are to survive we need to learn to live differently, more gently and reverentially, that business as usual is not an option.

www.thefold.org.uk

Making peace with Himalayan balsam – riverside walk with Pete Yeo

Reconciliation ecologist Pete Yeo will lead a workshop along the river's edge. This is an opportunity to explore the cultural and ecological context of 'weeds' and 'invasive' plants and discover their beneficial properties.

With past chapters involving horticulture, landscape architecture, environmental activism, philanthropy and activism, Pete is now focused on serving his longstanding passion for plants, working with them to draw attention to our ecological relationships and inviting greater coherence within and without. He gives talks, guides walks, engages in consultancy, and writes and broadcasts in this spirit. He is enjoying collaborating with an increasingly diverse range of partners, human and other, in the co-creation of 'The More Beautiful World Our Hearts Know Is Possible' (quoting Charles Eisenstein).

www.futureflora.co.uk

Willow sculpture making with Jane Gower

Join artist Jane Gower for an easy, hands-on willow sculpture workshop. Taking inspiration from the natural environment, you will be guided through simple techniques for working with willow using raffia, tape and found items to create your own sculptural totem. The session offers a relaxing and meditative experience that nurtures creativity and an understanding of working with willow. Suitable for all skill levels, the process and outcomes will be as expansive or as finely detailed as your imagination allows.

Jane is a multi-disciplinary artist based in North East England. She is currently working in collaboration with two artists exploring personal map making, using naturally occurring materials.

Plus...

Open space sessions

Open space is an opportunity to work together with whatever comes up from our weekend. You can choose to offer sessions or to attend sessions, which can be on something you are passionate about or a continuation of a talk or workshop that people would like to explore. Join in an interactive session.

Open mic around the fire

Open mic around the fire returns this year. This is your chance to share a song, dance or perform, solo or with friends. Bring instruments, a poem, a song and join in the entertainment.

This event is a fundraiser for The Resurgence Trust, a company limited by guarantee registered in England and Wales (5821436) and a charity registered in England and Wales (1120414). Email: info@resurgence.org