



A celebration of connection, community and change

Green & Away, The Fold, Bransford WR6 5JB

10 July at 2.30pm – 12 July at 3.00pm

SPEAKERS

Amisha Tala Oak – The future listens back

Amisha Tala Oak is an author, speaker and host of *All That We Are*, an independent podcast and sanctuary for conversations at the meeting place of activism, the sacred, creativity and regeneration. For two decades, she has created spaces for deep listening, inner transformation and courageous imagination through teaching, retreats, one-to-one mentorship, energy work, writing and public dialogue. She is the author of *Intuition* and *The Future Is Beautiful*, published as Amisha Ghadiali.

Her work moves between the intimate and the collective, inviting us to reclaim intuition as ecological intelligence, a way of listening more deeply to ourselves, each other and the Earth, so we can meet these times with greater presence, courage and creative power. amisha.co.uk

Annemarie Borg – The infinite power of vibrations

In this session, we will explore sounds, sensations and images that connect us with the wisdom of our senses and the constant flow and change of our place within Nature. We will ask: how do we fall in love? and how can we express a sense of belonging and harmony? Drawing on her immersive studies and deep wisdom, Annemarie will invite us into the sounds of Nature and the resonance of whale songs as we explore what connects us with the very soul of Mother Earth.

Annemarie is a Fellow of the Royal Society of Arts, an ocean preservation speaker, a musician, a composer and a professional photographer as well as a performance coach. She is the founder and director of the Antara Project, which focuses on creativity in the education system and is a supporting group with The Resurgence Trust. antara-project.com

Frieda Gormley – In the company of Nature

Frieda Gormley is a co-founder of The House of Hackney, a British B Corp interiors brand reimagining business as a force for good. Over the past decade, what started as a love affair with Nature's beauty, prints and palette has evolved into a question that now guides much of her life and mission at House of Hackney: what if business could be a force for life? "Taking cues from Nature we've been slowly shifting from extraction to regeneration. From growth-at-all-costs to something more rooted and reciprocal. From seeing Nature as a resource to remembering that we are Nature. And when she thrives, so do we.

Along the way we've experimented with new forms of governance, redefining profit along the way and asking what happens when you give Nature a voice in decision-making."

During this session, Frieda will be talking about her new book *In the Company of Nature*, which tells the remarkable story behind the House of Hackney and the journey that led to giving Nature a voice at the table. houseofhackney.com

Roger Higman – The Good Life and how we can live it

Roger Higman is passionate about creating a truly sustainable civilisation that helps everyone to thrive. For the last twelve years, he has been the director of the Network of Wellbeing, which gives him a key role in a growing movement that uses wellbeing science to drive social change for the benefit of people and the planet. He spent much of his previous career campaigning for Friends of the Earth, working on issues such as road-building, air pollution, climate change, economic reform and biodiversity.

Roger is a trustee of the Torbay Community Development Trust and formerly a director of the Frameworks Creative Arts Facility in Plymouth, where he lives with Karen, his partner. When he's not spending time with Karen and her three daughters, he's normally to be found on his allotment. networkofwellbeing.org

Satish Kumar: Peace is possible

Peace pilgrim and life-long activist Satish Kumar will be speaking about peace among nations, and not only how peace is urgently needed, but also how it is possible. Peace is more than an absence of war. It is a way of living in harmony with each and all. Satish calls for us to make peace with ourselves, with Nature and with all the peoples of the world. Satish's new book *Peace is Possible* is published by Bloomsbury (May 2026).

Satish is editor emeritus of *Resurgence & Ecologist* magazine. He is a former monk and a long-term peace and environment activist. Inspired by the example of the British peace activist Bertrand Russell, he embarked on an 8,000-mile peace pilgrimage. Carrying no money, he walked from India to America via Moscow, London and Paris to deliver a humble packet of 'peace tea' to the leaders of the world's then four nuclear powers.

In 1973 Satish settled in the UK, becoming the editor of *Resurgence* magazine. He has been the guiding spirit behind a number of internationally respected ecological and educational ventures, including co-founding Schumacher College in South Devon. His autobiography *No Destination*, first published by Green Books in 1978, has sold over 50,000 copies.

resurgence.org/satish-kumar

MUSIC, POETRY AND STORYTELLING

Diana Sanders – poetry readings

Award-winning poet Diana Sanders will be sharing her eco-poetry throughout the weekend. Eco-poetry has seen a rise in popularity in recent years, but examples of the broader genre of Nature poetry have existed since the dawn of poetry itself. Readers of *Resurgence & Ecologist* will be familiar with eco-poetry as a type of literature that expresses connection with Nature and the environment. Eco-poetry is Nature-centred rather than human-centred, but often it is about how humans create havoc in the non-human world. Sometimes it is urgent and unsettling. Contemporary eco-poets use unique imagery, sound composition, art and metaphor to draw readers into the natural world. They also create works that evoke an emotional response, encouraging readers to reflect on their relationship with the environment.

thephare.com/therisingtide

Dragonsfly – Celtic, rootsy, life-affirming music

Dragonsfly create a compelling and captivating atmosphere with their exquisite, groove-driven, rootsy music. Playing an array of contemporary and unusual instruments, their performances span a diverse selection of styles and cultures from Breton-inspired dance music to up-tempo Eastern European tracks and moody Middle Eastern songs.

A regular presence at early Resurgence summer camps, Dragonsfly offer celebratory, connecting, heart-warming, nourishing, uplifting, hypnotic and life-affirming music. A gig with Dragonsfly is a fully immersive experience harnessing energies of European Celtic acoustic folk-trance and Eastern grooves and moods, brought to life by soaring melodies, lush harmonies and intelligent instrumentals. The infectious, compelling charisma of the band can urge you into wild and vibey and yet nourishing and expansive dimensions. dragonsfly.org

Fiona Eadie – stories that entertain, illuminate, engage and inspire

Fiona Eadie is passionate about language and about bringing the spoken word to life. Like most storytellers, she works with stories that have come down to us through the oral tradition and tells these face to face rather than reading from books or scripts. Fiona studied at the International School of Storytelling in Sussex and now delights in telling stories in libraries, museums, arts centres, businesses, schools, at weddings and out-of-doors to adults, to children and to groups of people who have come together for a specific event.

Working alone or with other storytellers and musicians, she offers a selection of individual stories, a set of stories on a particular theme, or a story walk through the landscape. She also devises new stories of place. From the autumn to the spring equinox, Fiona runs Sunday Storytelling sessions for all ages at Ruskin Mill in Gloucestershire. fionaeadiestoryteller.com

Martha Tilston – lyrical, captivating folk music

With a pure silken voice and lyrics that inspire and captivate, Martha Tilston has developed a successful musical career with a large and loyal following worldwide. She has played on some of the world's most prestigious stages and at festivals, recorded and released several critically acclaimed albums, gained a nomination for BBC best newcomer, appeared as a guest vocalist for Zero 7, toured internationally, and worked with some of the world's most inspiring musicians.

The past few years have seen Martha venture into the world of film-making, gaining nominations for best arts film for The Clifftop Sessions and recently releasing her first feature film (with an accompanying soundtrack album) *The Tape*, which is garnering much praise and excitement. marthatilston.co.uk

"She has the power to draw an audience into her world, leaving all those present with a smile, and a few issues to ponder, too." –Time Out

Natalie Fée and friends – Under the Oak

Join singer-songwriter and founder of City to Sea Natalie Fée and friends for a performance of folk music, poetry and stories inspired by Natalie's year sitting under a local oak tree, meditating, writing and listening to the land, which she embarked upon after her conversation at Resurgence summer camp in 2023, with encouragement from Satish! Many of the songs written that year have made their way into *Daughter of Nature*, her debut album, which came out in April this year.

Weaving the wild into song, Natalie draws her inspiration from a deep, embodied connection to Nature, blending the traditional warmth of folk with poetic lyrics, enchanting harmonies and healing invocations. Singles from the album have already had plays on BBC Introducing, and have clocked up over 350,000 streams, so she thought it was time to share them live, and is delighted to be playing with violinist Clare Mactaggart and friends with us this summer.

You can stream Natalie's songs on [Spotify](https://open.spotify.com/artist/nataliefee) and find her on [Instagram](https://www.instagram.com/nataliefee)

MEDITATION AND MOVEMENT

Connecting with the Earth with Madeleine Seraphina

This workshop, held in sacred space, will offer the opportunity to explore our deeper connection with the Earth and what it means to listen to Nature. We'll have space to connect with the land and listen with plants, trees and other beings of Nature, focusing on questions around what the Earth really wants from us, our paths of service and roles in caring for the Earth, and how we can act from a more deeply connected place as we walk forwards at this vital time on the planet.

Madeleine Seraphina is a ceremonialist, women's circle holder, oracle and healer based in the Malvern Hills. Her background is in environmental activism, largely while living in Bolivia, and working in landscape restoration with communities across the world at TreeSisters. She also walks the Rose path of sacred feminine reclamation. She is passionate about restoring our embodied connection with the Earth and supporting people to bring forward their full radiant selves in service to life. sacredrosehealing.net

Yoga with Joanna Al-Zuhairi

Joanna Al-Zuhairi trained as a mental health nurse, yoga teacher (British Wheel of Yoga) and homeopath. She has organised stress management, mindfulness and mental health workshops. Her main interests are spirituality, Elemental Beings (in relation to gardening), and supersensible perception.

Walking meditation with Colette Stein

Colette Stein will be offering a walking meditation tuning in to the elements. Colette is a senior yoga and meditation teacher with Yoga Alliance Professionals and has a PGCert in Eastern Philosophy.

WORKSHOPS

In Right Relationship: A Long Table Conversation co-hosted by Niellah Arboine and Dave Reeve

In this experimental and experiential setting, we'll engage in a shared exploration of how we speak, imagine, and story our place on Earth – and what it might mean to live in right relationship with the living world.

Dave Reeve is the editor of *Resurgence & Ecologist*. He has over 15 years of experience in film-making, editing and creative content production, and specialises in crafting compelling visual stories across digital, print and film platforms. villageraw.com

Niellah Arboine is the assistant editor at *Resurgence & Ecologist*. She is a writer, editor, freelance culture journalist and copywriter. She is an original member of *gal-dem* and former deputy editor at *Where the Leaves Fall*. Niellah has written for *Vogue*, *The Guardian*, *House & Garden*, and *Vice*. She was shortlisted for the Nan Shepherd Prize 2021 for Nature writing. wheretheleavesfall.com

Poetry workshop with Diana Sanders

In addition to sharing her eco-poetry throughout the weekend, award-winning poet Diana Sanders will be running a poetry workshop. (See above for bionote.)

Reading for wellbeing circle with Manon Martini

Every reader knows the transformative power of books to guide us through life, sweep us away to a distant land, or just sit with us in the trenches when things aren't going so well. Even Shakespeare understood this comfort when he wrote in *Titus Andronicus*: "Come, and take choice of all my library, and so beguile thy sorrow."

This is the essence of bibliotherapy: the use of books and reading for the enhancement of wellbeing, drawing on

our personal relationship with literature to help us process and navigate the real world. In this one-hour reading for wellbeing circle, Manon will guide you through close readings, gentle reflections on our responses to the texts, and what they bring up for us as individuals. The session will also include an introduction to book journalling as a supportive wellbeing practice.

Manon wears many hats, but she is first and foremost a reader. She is a qualified Level 2 counsellor, holds an MA in English Literature, and has an NCPS Quality-Checked Certificate in Bibliotherapy Skills. She is also the marketing manager for The Resurgence Trust. Manon combines her love of books with her passion for helping both children and adults connect with reading, offering 'Reading for Wellbeing' sessions within the community.

linktr.ee/manonwritesstuff

Summer wreath-making with Emily Martin and the Resurgence Team

Join us to co-create a beautiful celebratory summer wreath for the 60th anniversary of Resurgence, guided by Emily Martin, as well as making smaller wreaths that you can take home. We will use locally sourced foliage and dried materials, including plants foraged from the Fold.

Emily Martin is the membership manager at The Resurgence Trust, and a textile designer.

Voice workshop with William Tooby and Awantika Dubey

William Tooby is an eco-facilitator and a voice coach passionate about singing raga. Originally drawn to India to better understand music in the 1970s before becoming an organic farmer, he went on to sing a cappella with various groups before focusing on raga. He loves to facilitate others in finding their own unique and embodied voice.

William is founder and director of The Fold CIC, which hosts Green & Away. The Fold was created in the knowledge that humankind is heading for a catastrophe, that if we are to survive we need to learn to live differently, more gently and reverentially, and that business as usual is not an option.

Awantika Dubey sings Classical Indian Ragas, Semi-Classical and Bundeli folk songs of which she has collected some 2,000 from around her home town of Khajuraho. She is an exceptional Kathak dancer. She won the University Youth Festival of Indian Classical Vocal competition and regularly sings on All India Radio. She sensitively combines song and dance and is inspired by Nature. She founded the Awantika Arts Centre for Music and Dance in Khajuraho, where she trains local and international students. Awantika composes, performs and directs internationally.

Please wear loose comfortable clothes to the workshop. thefold.org.uk

Plus...

Open space sessions

Open space is an opportunity to work together with whatever comes up from our weekend. You can choose to offer sessions or to attend sessions, which can be on something you are passionate about or a continuation of a talk or workshop that people would like to explore. Join in an interactive session.

Open mic around the fire

Open mic around the fire returns this year. This is your chance to share a song, dance or perform, solo or with friends. Bring instruments, a poem, a song and join in the entertainment.